

# Discovery Foundation Stage Two

## Personal, Social and Emotional Development

### Progression Road Map

On Entry    Autumn    Spring    Summer

Increasingly follow rules, understanding why they are important. **SR**

Manage their own needs: personal hygiene. **SR**

Know and talk about the different factors that support their overall health and wellbeing. **SR**

Think about the perspectives of others. **BR**

**ELG-** Show an understanding of their own feelings and those of others. **SR**

Express their feelings and consider the feelings of others. **BR**

**ELG-** Set and work towards simple goals. **SR**

**ELG-** Give focused attention to what the teacher says. **SR**

Show more confidence in new social situations. **BR**

Identify and moderate their own feelings socially and emotionally. **SR**

Show resilience and perseverance in the face of challenge. **MS**

**ELG-** Be confident to try new activities and show independence, resilience and perseverance in the face of challenge. **MS**

Begin to understand how others might be feeling. **BR**

Select and use activities and resources, with help when needed. **MS**

Help to find solutions to conflicts and rivalries. **BR**

See themselves as a valuable individual. **MS**

**ELG-** Explain the reasons for rules, know right from wrong. **MS**

Be increasingly independent in meeting their own care needs. **SR**

Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'. **MS**

Build constructive and respectful relationships. **BR**

**ELG-** Work and play cooperatively and take turns with others. **BR**

**ELG-** Manage their own basic hygiene and personal needs. **MS**

**ELG-** Show sensitivity to their own and to others' needs. **BR**

**ELG-** Form positive attachments to adults and friendships with peers. **BR**

Become more outgoing with unfamiliar people, in the safe context of their setting. **BR**