



Fine Motor Progression Map

On Entry

Autumn

Spring

Summer

Know and talk about the different factors that support their overall health and wellbeing.



On Entry

Autumn

Spring

Summer

Makes healthy choices about food, drink, activity and tooth brushing.

hold a pencil effectively in preparation for fluent writing - using the tripod grip in almost all cases.

Develop the foundations of a handwriting style which is fast, accurate and efficient.

Starts to eat independently, learning how to use a knife and fork.

Uses a range of small tools effectively, including scissors, paint brushes and cutlery.

Develop their small motor skills so that they can use a range of tools competently, safely and confidently.

Shows a preference for a dominant hand.

Uses one-handed tools and equipment.

Uses a comfortable grip with good control when holding pens and pencils.

Begin to show accuracy and care when drawing.

Further develop the skills they need to manage the school day successfully.

Uses their core muscle strength to achieve a good posture when sitting at a table or sitting on the floor.

Be increasingly independent as they get dressed and undressed.

Be increasingly independent in meeting their own care needs.

