

Personal, Social & Emotional Development Progression Map

Can talk about myself, my needs and feelings **SR**

Put on own socks and shoes **MS**

Use a knife and fork **MS**

Button and unbutton clothing and use a zip **MS**

Go to the toilet on own, wipe self properly and flush **MS**

Understand the need to follow rules **MS**

Confident to open wrappers and packaging **MS**

Share toys and take turns **BR**

Understand the reason for rules and know right from wrong. **MS**

Show resilience and perseverance in the face of challenge. **MS**

Identify and moderate their own feelings socially and emotionally. **SR**

See themselves as a valuable individual. **SR**

Express their feelings and consider the feelings of others. **SR**

Grow in independence and know how to look after their body. **MS**

Build Constructive and respectful relationships. **BR**

Think about the perspectives of others. **BR**

Manage their own needs. **MS**

How to keep fit and well. **MS**

Have a positive attitude towards change and are prepared for the transition to Year 1. **MS/SR**