

## Fine Motor Progression Map

On Entry

Autumn

Spring

Summer

Uses a comfortable grip with good control when holding pens and pencils.

Shows a preference for a dominant hand.

Starts to eat independently, learning how to use a knife and fork.

Makes healthy choices about food, drink, activity and tooth brushing.

Know and talk about the different factors that support their overall health and wellbeing.

hold a pencil effectively in preparation for fluent writing – using the tripod grip in almost all cases.

Uses one-handed tools and equipment.

Develop the foundations of a handwriting style which is fast, accurate and efficient.

Uses a range of small tools effectively, including scissors, paint brushes and cutlery.

Be increasingly independent in meeting their own care needs.

Be increasingly independent as they get dressed and undressed.

Develop their small motor skills so that they can use a range of tools competently, safely and confidently.

Begin to show accuracy and care when drawing.

Uses their core muscle strength to achieve a good posture when sitting at a table or sitting on the floor.

Further develop the skills they need to manage the school day successfully.